

From the Pastor's Office

Summer Sermon Series On Seven Deadly Sins



Hello everyone!
As our church gears up for Summer, I am getting excited. This is a fun time of year to be a part

of COA! Things slow down a bit in church life so that we can relax and enjoy family time, vacation and the outdoors. BUT we also have some new things to offer in our community. Beginning on June 17, we transition to one summer worship service at 10:00 a.m. on Sunday mornings. This is a great opportunity for you to get to know some new members and families that maybe you have not met before.

Also, for the third year in a row, COA is offering an alternative to Sunday morning worship with Tuesday Under the Trees—a Tuesday evening service at 7:00 p.m. (from June 19 to September 4) that meets for briefer service in our

gorgeous outdoor sanctuary area. If you are away on Sundays and want to experience a different way to worship, come check it out! You can bring your dog, wear your beach clothes, be prepared for interaction and a whole new experience of God through His creation surrounding us as a faith family.

This Summer, my sermon series is one that I am looking forward to having some fun with. The theme will be: our favorite sins, "The Seven Deadly Sins and Finding Life Beyond Them."



See "Sins," p. 2

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**COA shifts to one 10 a.m. Sunday
service schedule on June 17**

“Sins,” from p. 1

The “Seven Deadly Sins” have more cultural traction and popularity than a lot of the Bible and have some good lessons to offer us in terms of our Christian journeys. Each week we will explore one (gluttony, greed, envy, lust, wrath, sloth and pride) with honesty, humor and consideration of what real abundant life looks like for people of faith. I hope you’ll join us.

Also, please know that whether you are brand new to COA or a long-time member, I’d always love to spend time with you and get to know you better. Feel free to contact me anytime!

Blessings and Peace,

Pastor Jessie

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Carl Link Commissioned In Newport

COA would like to congratulate Ensign Carl Link, son of Rick and Linda, on his recent graduation from the Navy Officer Candidate School in Newport Rhode Island. Carl successfully completed a grueling twelve-week course to prepare him to be a commissioned officer in the US Navy.



Carl has been a lifetime member of COA. He was active as a youth, participating in Sunday school and youth group. He attended several youth mission trips and for his Eagle Scout project, Carl planned and organized the creation of the outdoor worship area.

Carl has been assigned to the USS Stethem, DDG 63, (an Arleigh Burke-class destroyer), in Yokosuka, Japan until April 2021. Please keep Carl in your prayers as he begins this new endeavor.



Tuesday Under The Trees

- ✝ Tuesday evening service at 7:00 p.m. (from June 19 to September 4)
- ✝ A briefer service in our gorgeous outdoor sanctuary area.
- ✝ Experience a different way to worship, come check it out!
- ✝ Bring your dog, wear your beach clothes, be prepared for a whole new experience of God through His creation surrounding us as a faith family.

Welcome COA's New Members

On March 18 and March 25t, Christ Our Anchor welcomed six new members (and their children) to its faith family. We hope as you read about them and see them around that you will take time to get to know them better! They are all in the church directory, so send them a card, schedule time to grab a cup of coffee or simply start conversation here at church!



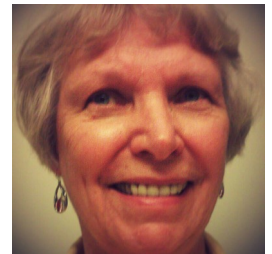
Amy Neptune was born and raised in Southern New Jersey and works as a pediatric nurse at Johns Hopkins Hospital. She was one of the people who helped take care of Maizy Barbour—what a small world! She was Catholic before coming to COA. She lives in Arnold with her husband Mark and her three children: Alisha, 15; Bradley, 3 and Carolyn, 1. Something you may not know about her is that she loves *The Golden Girls*!

Emily and James Otterbacher. Emily is originally from Darien, CT and attended the University of Vermont in Burlington. She moved to Maryland in 2004, and wound up falling in love with both Annapolis and her husband James, so she is still here! She loves working with animals and is a manager at a veterinary practice in Bowie. She is an avid runner and enjoys running races such as half marathons and marathons. James was born in Bowie, MD and grew up in Crofton, MD. Some of his interests include U.S. history, computers, hiking and energy efficiency. James and Emily moved to Arnold in 2011 and have two spirited, wonderful sons: Landon, 4 and Cole, 2 and a golden retriever named Dude. They love to spend time together as a family, especially at the beach. They are transferring from First Presbyterian Church of Annapolis and are excited to join our family of faith.



Jeff and Katie Harnois. Katie is originally from Vermont and Jeff is from Massachusetts, where their two daughters Piper and Isla were born. They have travelled and moved a lot as a family, as both are active duty in the U.S. Military. As the Anchor Line is being published, Jeff is deployed to Alaska with the Coast Guard. Jeff plays on a men's hockey team and Katie enjoys yoga. As a family, the Harnois crew likes to travel and be by the water.

Emily Thomas was born in Locust Point in Baltimore and graduated from Eastern High School. She has two sons, both now living in Colorado with their families. She has one 13-year-old grandson. She worked in clerical positions and retired in 2006. She recently lived in Colorado herself for 15 months to help her daughter-in-law Christine, who had a serious medical problem. She moved back to Maryland last summer and is happy to be back near the water and friends and family. She lives in Arnold and loves to read, walk and do water exercise. She was formerly Lutheran and is happy to have been led to COA!



COA Summer Kickoff Social and Men's Dessert Contest

Please join us Sunday, June 24 immediately after our combined 10:00 a.m. Sunday Service for our Summer Kickoff Social and Annual Men's Dessert contest.

Look for more information and sign up on the bulletin board in the Narthex.

Women's Retreat Theme Is *On Mending Fences* by Anna Werntz

COA's Women's Spring Retreat this year was held from May 4-6 at Shrine Mont Conference Retreat Center in Orkney Springs, VA. Our theme this year was about Mending Our Fence. The traditional Mending Fences ask us to mend the relationships in our lives that are broken, such as apologize to anyone that you hurt, or to ask forgiveness from any one to whom you did wrong. This was not what we worked on.

Rather, we worked on mending ourselves, so we can become one with God and our surroundings and be ready to receive what the Lord is asking of us. When our personal fence is missing a post, or one is broken, this weakens our ability to hear, see or



know what God is asking us to do. For example: I ignored a pain that I was having in my hip and eventually my body said enough is enough and I went down to the floor. I now have to do many extra

things to fix this problem and it took twice as long because I waited for my body to stop me in my tracks before I listened. I was not able to focus my attention on my daycare, family, church obligations,

and my time with God, due to doctor appointments, physical therapy, MRIs, and x-rays. I also had no



motivation or strength to accomplish tasks without pain. My fence was broken in many ways.

Always keep your fence whole and your link to God will stay connected, don't ignore yourself. One passage from the Bible that we used was Ezekiel 47:12:

Fruit trees of all kinds will grow on both banks of the river. Their leaves will not wither, nor will their fruit fail. Every month they will bear because the water from the sanctuary flows between them. Their fruit will serve for food and their leaves for healing.

If there is no water for the fruit trees they will wither, and no fruit will grow. The trees will be useless. No life to share. We need to make sure that we are running our best.

May God Bless you

INTRODUCING COA'S NEW CHRISTIAN EDUCATOR

Christ Our Anchor is delighted to welcome Debbie Barbour to its staff as our new part-time Christian Educator. In this position, Debbie will be overseeing our children's and family programming including Sunday School, Vacation Bible School, nursery and outreach to Anchors-A-Wee preschool.

Debbie's experiences in education range from Pre-K through college. She is an active volunteer in the Anne Arundel County Public School system and for Girl Scouts of Central MD. She is often found taking photos, being artistic and creative, going on road trip adventures with her family and seeking the joy of being alive. Make sure you congratulate and welcome her in the months to come!

You can reach her through the church office phone number (she also has a mailbox in the church office) or by e-mail: coapc.ced@gmail.com

—The Hiring Team

Jane Bartlett, Administration Elder

Julie Bieber, Christian Education Elder

Helen Kelley, Administration Elder

Rev. Jessie Lowry, Pastor



COA Focuses

On Mental Health During May

COA's Mission Committee continued its special emphasis on mental health and addiction issues with a special observance of May as Mental Health Awareness month.

- ❑ On April 29, Commissioned Lay Pastor Jay Garvin from Harundale Presbyterian helped kick off our Mental Health Awareness month with a sermon that shared deeply and courageously of how his own call to ministry is tied to his family's struggle with addiction.
- ❑ On May 6, Pastor Jessie's message for worship asked the question---what does scripture have to say about mental health and how can Christians help rather than hurt?
- ❑ On May 15, the committee offered to COA and the community a presentation on mental health support in our county, attended by 22 people. The presenter was Fred Delp, the Director of Anne Arundel County NAMI (National Alliance on Mental Illness).
- ❑ Throughout the month, resources on mental health and addiction were made available in the narthex on the bulletin board and an adjoining table. These are available for everyone to take for their own education or to use in a workplace or in the community.



COA at 60th Strawberry Festival

Once again COA was well represented at this year's Cape St. Claire Strawberry Festival on June 2. We were there in the Parade with a float and with a tent/booth creating

awareness of our church and its programs.

Thanks to all who participated. Let's look forward to next year's 61st Anniversary.



COA Mission Team Brings Relief to Louisiana

Tom Rorick, Frank Cain, Terry Delprete and Mike and Joan Henderson from COA, as well as Steve and Dotty Sellers from the Paxton UM Church in Harrisburg, PA and Glynn Rountree from Harrisonburg, VA. of the COA adult mission team traveled to Louisiana the week of March 12 - 16. The team worked hard during the week to help Joaquin and Bunny of Ponchatoula, LA get much closer to moving out of their FEMA trailer and into their own double wide trailer that was badly damaged during two floods in 2016.

The team worked with the Fuller Center for Housing and performed a wide variety of tasks including door installation, trimming and caulking around doors and windows, painting doors and trim, installing subflooring, laying tile floors, installing cabinets and assisting with plumbing the entire trailer. Two construction supervisors from the local area worked with our team providing guidance, tools and materials for the job. Joaquin was very helpful and cleaned up after us, which allowed us to spend more time doing the more technical jobs.

There is still much to do in this area and our team plans to return around the same time next year. We hope some of you will be able to join in the fun.



Spring Workday Gives Narthex a New Look

Spring Work Day found 19 energetic volunteers sharing their time and talents to make COA look sharp for the upcoming Palm and Easter Sundays. They worked diligently cleaning windows, raking leaves, picking up limbs and twigs, mulching flower gardens, touching up marks on the curb, cleaning the kitchen, clearing debris off of the roof, oiling the wooden baptismal stand as well as assembling new IKEA cabinets to replace the worn coffee bar cabinets.

The workers were rewarded with a delicious lunch of homemade sub sandwiches, salad, fruit, chips, cookies and soft drinks. A Fall Work Day will most likely be held in October and we hope to see more of your shining faces there.



*God's Gardeners
help us all
to appreciate
God's glory*